

General Surgery Residency Program

FAST FACTS

5-Year ACGME-Accredited Program

3 residents per year ■ 15 residents total ■ No research year

PROGRAM HIGHLIGHTS

- Most rotations occur at Vassar Brothers Medical Center (VBMC).
- Rotations at NewYork-Presbyterian/Columbia University Irving Medical Center. One month of pediatric surgery during the PGY-2 year, and one month of liver transplant during the PGY-3 year.
- Early operative experience and incremental patient care responsibilities. Our PGY-1 residents typically average >200 cases during the PGY-1 year.
- Energetic faculty with a dedication to resident education.
- High-volume surgical oncology service with extensive experience in liver and pancreatic surgery.
- Level II Trauma Center.
- Robust support from the Surgical PA service.
- Outstanding ancillary staff.
- The Program Director works hard each year make changes in the structure of the program to meet the educational needs of our residents.

5-year program outline

01

During the first year of training, residents will work in teams, with experienced surgeons leading all areas of patient care. One-month rotations across teams focus on general surgery, surgical oncology, minimally invasive surgery, colorectal surgery, vascular surgery, thoracic surgery, trauma surgery, and ICU — all providing firsthand exposure to patient care and surgical procedures. Our PGY-1 residents typically average >200 operations during the first year.

02

During the second year of training, residents continue to rotate through core surgical teams and the ICU. Additionally, our PGY-2 residents take a more important role in surgical consults and team management. Rotations also include dedicated rotations in endoscopy, breast surgery, and one month in pediatric surgery at NewYork-Presbyterian/Columbia University Irving Medical Center in New York City (housing is provided).

03

During the third year of training, residents will participate in rotations at Northern Dutchess Hospital, a Nuvance Health facility that offers a community-based hospital experience and specialize in minimally invasive and robotic operations. PGY-3 residents have an increasing experience in the operating room and can begin teaching junior residents. PGY-3 residents have an opportunity for an elective, and have dedicated rotations in breast surgery, and head & neck surgery. One month is spent at NewYork-Presbyterian/Columbia University Irving Medical Center in New York City to receive specialized training in liver transplants.

04/

During the fourth year of training, residents are ready to take the lead on surgical cases, oversee surgical teams and teach the junior residents. PGY-4 residents begin to take senior resident call. All rotations are at VBMC, except 2 months spent at Northern Dutchess Hospital.

05/

During the final year of training, residents will be leaders of the surgical teams, taking responsibility for all aspects of patient care and guiding junior residents through their training. The fifth year consists entirely of team-based care, providing residents in their final year the opportunity to demonstrate clinical excellence, hone surgical and decision-making skills, and perform a comprehensive and varied scope of procedures. All rotations are at VBMC.



STIPEND

- PGY-1: \$67,500
- PGY-2: \$70,875
- PGY-3: \$76,545
- PGY-4: \$80,372
- PGY-5: \$84,391
- Relocation allowance (during first year)
- Annual educational stipend

BENEFITS

- Full benefits package, including medical/prescription, dental and vision
- Flexible spending accounts (FSAs)
- Basic life and accidental death and dismemberment (AD&D) insurance
- Short- and long-term disability
- 3 lab coats are provided first year of residency
- 20 days of paid time off (PTO) per academic year
- Employee assistance program (EAP)
- Employee discount program

EXTRACURRICULAR ACTIVITIES

- Annual resident and family welcome party
- Wellness initiatives for work-life balance
- End-of-year recognition banquet
- Monthly activities and additional social events

WORK HOURS/CALL

- No more than 80 hours per week
- No more than 24 consecutive hours of clinical activity
- At least 14 hours off after 24 hours of in-house call
- A minimum of one day off out of seven