

General Surgery Residency Program

FAST FACTS

5-Year ACGME-Accredited Program

3 residents per year ■ 15 residents total ■ No research year

PROGRAM HIGHLIGHTS

- 41 months of team-based surgical rotations, including general, trauma/acute care surgery, surgical oncology, vascular surgery and more
- A three-month rotation at NewYork-Presbyterian/Columbia University Irving Medical Center during the PGY-3 year for experiences in pediatric surgery, burn and transplant
- Early operative experience and incremental patient care responsibility
- Robust didactic curriculum series
- Level II Trauma Center
- Experienced, passionate team with a 1:1 faculty-to-resident ratio
- Research opportunities
- A state-of-the-art simulation lab
- High patient volume offers a wide variety of cases

5-year program outline

01

During the first year of training, residents will work in teams, with experienced surgeons leading in all areas of patient care. Teams may focus on general surgery, surgical oncology, minimally invasive techniques, colorectal surgery or vascular surgery – all providing firsthand exposure to patient care and surgical procedures.

02

During the second year of training, residents will rotate in the surgical ICU to gain experience in caring for critically ill patients. Additionally, two months of endoscopy training will take place, while additional team training and simulation prepares residents for increased patient care responsibility.

03

During the third year of training, residents will participate in general surgery rotations at Northern Dutchess Hospital, a Nuvance Health facility that offers a community-based hospital experience and specialize in minimally invasive and robotic surgeries. Additionally, three months will be spent at NewYork-Presbyterian/Columbia University Irving Medical Center in New York City to receive specialized training in burn care, transplantation and pediatric surgery.

04

During the fourth year of training, residents are ready to take the lead on surgical cases, oversee surgical teams and begin teaching the junior residents. During elective rotations, residents will have the opportunity to receive additional training in the specialty area of their choice or participate in research-related activities.

05

During the final year of training, residents will be leaders of the surgical teams, taking responsibility for all aspects of patient care and guiding junior residents through their training. The fifth year consists entirely of team-based care, providing residents in their final year the opportunity to demonstrate clinical excellence, hone surgical and decision-making skills, and perform a comprehensive and varied scope of procedures.



STIPEND

- PGY-1: \$67,500
- PGY-2: \$70,875
- PGY-3: \$76,545
- PGY-4: \$80,372
- PGY-5: \$84,391
- Relocation allowance (during first year)
- Annual educational stipend

BENEFITS

- Full benefits package, including medical/prescription, dental and vision
- Flexible spending accounts (FSAs)
- Basic life and accidental death and dismemberment (AD&D) insurance
- Short- and long-term disability
- 3 lab coats are provided first year of residency
- 20 days of paid time off (PTO) per academic year
- Employee assistance program (EAP)
- Employee discount program

EXTRACURRICULAR ACTIVITIES

- Annual resident and family welcome party
- Wellness initiatives for work-life balance
- End-of-year recognition banquet
- Monthly activities and additional social events

WORK HOURS/CALL

- No more than 80 hours per week
- No more than 24 consecutive hours of clinical activity
- At least 14 hours off after 24 hours of in-house call
- A minimum of one day off out of seven