Internal Medicine Residency Program

FAST FACTS

3-Year ACGME-Accredited Program
25 residents per year ■ 75 residents total ■ No research year

PROGRAM HIGHLIGHTS

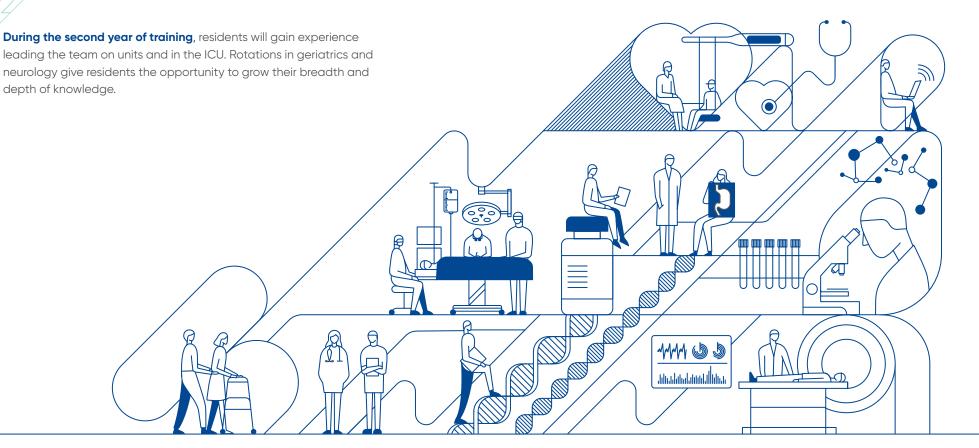
- A "4+1" training model that allows residents to spend one week fully dedicated to continuity of care for their primary care patients in between four-week blocks assigned to a given rotation
- Team-based training with direct patient care and progressive responsibility as residents advance through the program
- Diverse training program with specialty experiences in neurology, critical care, cardiology, endocrinology, pulmonary medicine, geriatrics and more
- Daily didactic training exploring topics such as basic sciences, clinical practice, medical ethics and research methods
- Committed, passionate faculty
- A mentorship program to facilitate professional and personal growth and provide support throughout training
- Scholarly activity and quality improvement opportunities
- A state-of-the-art simulation lab



3-year program outline

During the first year of training, residents are introduced to all three training sites: Vassar Brothers Medical Center, the central campus of the residency program and largest facility; Putnam Hospital Center, an acute care hospital providing medical, surgical, psychiatric and emergency services; and community outpatient primary care offices where residents will develop and provide care to their own patient panels. In the hospitals, residents will treat patients as members of floor teams and provide crucial support in the Emergency Department.

During the third year of training, residents will dedicate the majority of their time to inpatient and outpatient medicine, developing leadership and patient care responsibilities. Third-year residents take the lead on cases, and will act as clinicians, leaders and teachers. Additionally, a research and quality improvement rotation gives residents the opportunity to produce real change in evidence-based medicine or hospital operations. Third-year residents will also have several elective opportunities to guide their own training path and prepare for the next stage of their career.



STIPEND

- PGY-1: \$67,500
- PGY-2: \$70,875
- PGY-3: \$76,545
- Relocation allowance (during first year)
- Annual educational stipend

BENEFITS

- Full benefits package, including medical/prescription, dental and vision
- Flexible spending accounts (FSAs)
- Basic life and accidental death and dismemberment (AD&D) insurance
- Short- and long-term disability
- 3 lab coats are provided first year of residency
- 20 days of paid time off (PTO) per academic year
- Employee assistance program (EAP)
- Employee discount program

EXTRACURRICULAR ACTIVITIES

- Annual resident and family welcome party
- Wellness initiatives for work-life balance
- End-of-year recognition banquet
- Regular activities and additional social events

WORK HOURS/CALL

- No more than 80 hours per week
- No more than 24 consecutive hours of clinical activity
- At least 14 hours off after 24 hours of in-house call
- A minimum of one day off out of seven