Anesthesiology Residency Program

FAST FACTS

3-Year ACGME-Accredited Program 6 residents per year ■ 18 residents total ■ No research year

PROGRAM HIGHLIGHTS

- Rotational experiences in a variety of anesthesiology subspecialties including general, advanced, obstetric, neuro, cardiac, thoracic and vascular, ambulatory, acute pain, regional pain, chronic pain and ambulatory anesthesia
- Anesthesia experience in the nonoperative setting, preoperative unit, postoperative care unit and intensive care unit
- Unique educational experience as operating room manager
- Level II Trauma Center
- A four-month rotation at Albany Medical Center during the PGY2 year for experiences in pediatric anesthesia and critical care
- No more than 2:1 resident-to-faculty ratio with experienced and passionate faculty
- Robust didactic curriculum series with sessions held daily, monthly, quarterly and annually, depending on topic which include grand rounds, quality and process improvement, broad preparation, note-chart review and objective structured clinical examination.
- A state-of-the-art simulation lab
- High patient volume offers a wide variety of cases

Health Quest Medical Education is now part of **Nuvance Health**.



3-year program outline

During the first year of training, residents spend up to five months in general anesthesia rotations learning the basics of anesthetic management. Residents also spend three months in the nonoperative setting including the preoperative unit and postoperative care unit, providing anesthesia to patients in the endoscopy suite, interventional radiology, MRI and during CT-guided procedures. Additionally, residents get initial exposure to the intensive care unit during a one-month experience at Vassar Brothers Medical Center. During the CA1 year, residents will be given a month of emergency medicine if they have not completed it prior to entering the Anesthesiology Residency Program.

During the second year of training, residents will spend four months at Albany Medical Center completing experiences in pediatric anesthesiology and in the intensive care unit. Residents also gain experiences in a variety of anesthetic subspecialties including general, advanced, obstetric, neuro, cardiac, thoracic and vascular, ambulatory, acute pain, regional pain, chronic pain and ambulatory anesthesia. **During the final year of training**, residents will spend additional time in a variety of anesthesiology subspecialties including cardiac, thoracic and vascular, obstetric and neuro anesthesia. Residents will have three months of electives to choose from. The program is also dedicated to ensuring residents are prepared for independent practice, with three months of advanced anesthesia training and an additional month of serving as the operating room manager. During this rotation, residents will serve in an oversight capacity supervising CRNA's and other residents, managing the operating room and running the operating room board. Lastly, residents will complete one final month of intensive care unit experience in the event they did not complete one in their clinical base (PGY1) rotation.

Program Information

We accept six (6) residents each year, for a total of 18 anesthesiology residents. As a new program, we will have 6 PGY1 categorical positions, as well as 6 PGY2 (CA-1) physician positions for the 2020 NRMP Match. Beginning in 2021, we will only be recruiting PGY1 positions.

We currently only accept foreign graduates who are sponsored for J-1 Visas by the Educational Commission for Foreign Medical Graduates. We do not sponsor H-1B visas.

STIPEND

- PGY-1: \$67,500
- PGY-2: \$70,875
- PGY-3: \$76,545
- Relocation allowance (during first year)
- Annual educational stipend

BENEFITS

- Full benefits package, including medical/prescription, dental and vision
- Flexible spending accounts (FSAs)
- Basic life and accidental death and dismemberment (AD&D) insurance
- Short- and long-term disability
- 3 lab coats are provided first year of residency
- 20 days of paid time off (PTO) per academic year
- Employee assistance program (EAP)
- Employee discount program

EXTRACURRICULAR ACTIVITIES

- Annual resident and family welcome party
- Wellness initiatives for work-life balance
- End-of-year recognition banquet
- Monthly activities and additional social events

WORK HOURS/CALL

- No more than 80 hours per week
- No more than 24 consecutive hours of clinical activity
- At least 14 hours off after 24 hours of in-house call
- A minimum of one day off out of seven